



Thursday  
November 30, 2023

# Heritage Woods Secondary

"WE ARE KODIAKS"



# Kodiak Klassic Bell Schedule

Thursday, November 30, 2023

<b>Block 1</b>	<b>8:00 – 8:45</b>
<b>Block 2</b>	<b>9:16 – 10:05</b>
<b>FLEX</b>	<b>10:05 – 10:35</b>
<b>Block 3</b>	<b>10:40 – 11:25</b>
<b>Block 4</b>	<b>11:30 – 12:15</b>
<b>LUNCH</b>	<b>12:15 – 12:55</b>
<b>Block 5</b> (Kodiaks play at 1:45 and Sr. Tea at 1:15-2:45)	<b>1:00 – 3:25</b>



# Kodiak Klassic

"WE ARE KODIAKS"

Thursday Nov 30<sup>th</sup> - Dec 2<sup>nd</sup>

## Reminders

### **WHITE OUT FOR TODAY'S GAME**

- Entrance by the Grand Hall
- Do not enter PE hallway (reserved for players and coaches)
- Show student card for free access all weekend



# Kodiak Klassic

"WE ARE KODIAKS"

- Please leave backpacks and other bags in your classroom as seating will be limited
- DO NOT walk across the court when entering or exiting the gym please
- Reserved seating is for athletes (not available to students)

**Students, please do not attend the game unless with your designated class.**

# Attention Grade 12s!

The Grad Wear store is open until Dec. 22nd!

<https://store.passionsports.ca/hwssgrad2024>

Sizing samples will be available in the Grand Hall next Wednesday and Thursday during Flex.





# 2023 Winter Formal



—||— Masquerade ball —||—



December **20th**, 6:30-9:00  
Grand hall  
Grade 12's only



Semi-formal + masquerade mask  
(only covering half of face, masks must be  
removable and in the style pictured here)

Early bird Nov 15th-30th  
**\$25**  
Late rate Dec 1st-18th  
**\$30**

Pay through office or school cash online



Brought to you by the HWSS grad council

# Yearbook Kodiak Announcement!

There is a list of student names right outside the office for the yearbook. Please verify that your name is spelled correctly, and your chosen name is accurate.

Failing to do so by December 1<sup>st</sup> could result in errors in the yearbook that can't be fixed later.

**If you would like to buy a yearbook the cut off date is at the beginning of February. Yearbooks are payable on SchoolCashOnline. They are \$60.**

# HERITAGE WOODS SECONDARY

PRESENTS:

EST. 2004

## "I'M A TEENAGER GET ME OUT OF THIS FAMILY!"



### NEW PARENTS WANTED

17 year-old Julie Foley is looking for new parents that aren't as "ordinary" as her old ones. She and her brother, Johnnie Foley are putting an ad out to interview people as soon as possible. Come to the interviews to see what happens. Will they find new parents or will they have to live on the streets?

TICKETS AT THE DOOR: \$5.00

DECEMBER 1ST AND 2ND AT 7:00PM

**DIRECTED BY:**  
OLIVIA SCHNEIDER  
& KINLEY YU

**ARTISTIC  
DIRECTOR:**  
SHANDA WALTERS

**WRITTEN BY:**  
JIM GARVEY

**POSTER BY:**  
PARSA NAJAFI

604 461 8679

1300 DAVID AVE. PORT MOODY

Heritage Woods Presents

## scenes from *Metamorphoses*

Based on the myth

Written and Originally Directed by Mary Zimmerman



Dec 1st & 2nd at 7:00pm

Tickets \$5 at door | 1300 David Ave

METAMORPHOSES was originally produced by Lookingglass Theatre Company, Chicago, October, 1998  
Premiered in New York City by The Second Stage, New York, September 2001  
Artistic Director: Carole Rothman Managing Director: Carol Fishman Executive Director: Alexander Fraser  
OVID'S METAMORPHOSES translated by David Slavitt, Johns Hopkins University Press 1994





# SUSTAINABLE PURCHASING

## WHAT IS IT?

Health and environmental effects are reduced when you buy sustainable products

## HOW CAN I BE SUSTAINABLE?

By purchasing reusable items, local and eco-friendly products, and avoiding single-use items.

## CAN YOU BE SUSTAINABLE?



# CLUBS

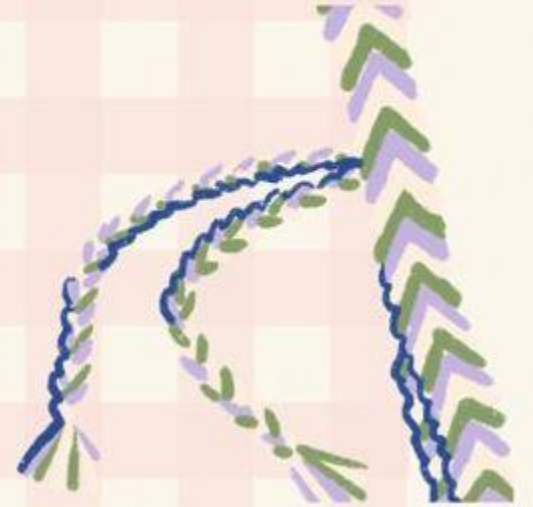


# FRIENDSHIP BRACELET CLUB

- No experience necessary!
- Learn and teach bracelet patterns
- Improve fine motor skills
- Make bracelets to possibly donate to charity

**Meet @ lunch on Wednesdays in  
Room 202 (Textiles Room)**

Scan to join!



127-abertoncello@sd43.bc.ca

&

127-lchoi@sd43.bc.ca

# KWAP WINTER CLOTHING DRIVE

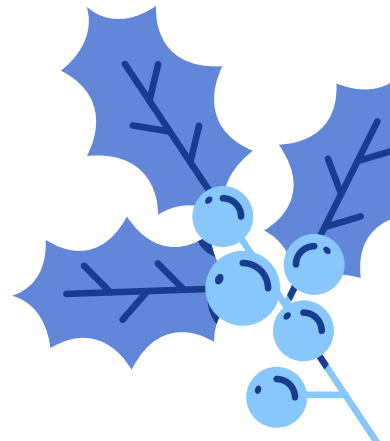
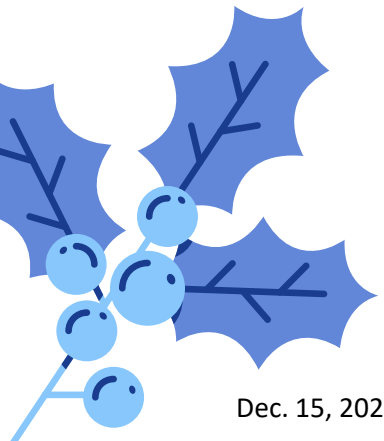
NOV 27<sup>TH</sup> - DEC 15<sup>TH</sup>

What we are looking for:

-Winter clothing of all sizes

Drop off: Infront of theatre

Helping our homeless community in need these  
holidays



A top-down view of a desk setup. On the left, a portion of a black laptop is visible, showing the keyboard and a white trackpad. To the right of the laptop is a white ceramic coffee cup filled with black coffee, sitting on a light-colored wooden coaster. In the upper left corner, there is a white ceramic vase containing dried, light-colored flowers. The background is a plain, light-colored surface.

# SOAP CLUB HOMEWORK HELP

*Tuesday and Thursday  
3:30-5*

OPEN TO ALL GRADES  
ROOM 231

insia- @HWSSOAP  
email- hwssoaptrutor@gmail.com

WYNS CLUB

# KODIAK KLASSIC

# BAKE SALE



**Wednesday Nov 29**  
at lunch in the grand hall

Feel free to stop by for some Kodiak-themed baked goods (*all priced at \$2*) and to boost your school spirit before the games!

All proceeds will be donated to local hospitals.

# KODIAK ATHLETICS

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# SCHOOL SOCCER INTRAMURAL

DATE **5-9  
DEC**

Boys & Girls  
grades 9-12

HWSS GYM

Sign up NOW forms in the PE office

deposit **\$5**



# CAREER CENTER



# Occupational First Aid Level 1

## Occupational First Aid (OFA) – Level 1

Occupational First Aid (OFA) Level 1 is a **one-day course** designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).

### Course information:

- time: **8.30am and runs until 4.30pm**
  - with appropriate coffee and lunch breaks... bring your own food or there is a fast-food restaurant nearby
- age: **must be at least 16 years old** at the time of the course
- advertised as \$90 (\$120 to non-members), but after district discount, cost will be \$80 + GST (**\$84 total**)... so great savings!
- location: Universal Health & Safety at **#201 - 4199 Lougheed Hwy, Burnaby**
  - 10-minute walk from Gilmore Skytrain station
- **Main topics covered include:**
  - Basic Life Support (CPR - A) -- CPR with Automated Defibrillator Training
  - Small Wound Management
  - Critical Airway, breathing and circulation interventions with C-spine management
- In order to be successful, participants must **demonstrate practical skill competency and achieve 70% on a multiple choice exam**. On successful completion of the course, participants receive a 3-year certification.
- certification: **government-issued photo ID** is required to receive a certificate (ex: driver's license, passport, NEXUS, BCID,...)

- Want to register for one of the training sessions listed below?
- To receive the reduced workshop fee, you will need to use this Online Registration and Payment link:  
[https://www.sd43.bc.ca/CareerPrograms/0Documentation/OFA1\\_ICBA.docx](https://www.sd43.bc.ca/CareerPrograms/0Documentation/OFA1_ICBA.docx)
- You will need a credit card to complete the registration process.
- **Next training dates:**
  - December 8 (Fri) - reg is open
  - December 23 (Sat) - reg is open
  - January 12 (Fri), 2024 - reg is open
  - January 27 (Sat) - reg is open
  - February 9 (Fri) - reg is open
  - March 8 (Fri) - opening soon (for this date and below)
  - March 23 (Sat), April 12 (Fri), April 27 (Sat), May 11 (Sat)
  - May 24 (Fri)

# Winter Brunch Volunteers Needed



**Friendly Forest Preschool is looking for volunteers to help with our annual Winter Brunch holiday event.**

**Date: Saturday December 9<sup>th</sup>**

**Volunteer shift: 8:30am-2:30pm - 6 hours**

**Event time: 11am - 1pm**

**Location: Anmore Elementary School**

**All volunteers will receive a break with brunch included and proof of volunteer hours completed.**

**To sign up please send your current resume or contact information via email to:**

**[social@friendlyforestpreschool.com](mailto:social@friendlyforestpreschool.com)**



Looking for enthusiastic volunteers to help spread holiday cheer and assist with the following tasks:

Set up: tables/chairs/holiday decor

Reception: greet guests

Craft station: engage kids in creative activities

Food: help with serving, clearing plates

Cleanup: after the event



# *Upcoming Post-Secondary Info Sessions*

- Thu Nov. 23 U Calgary @lunch in Grand Hall
- Thu Nov. 30 SFU Criminology virtual 5pm on Zoom
- Thu Dec. 07 Douglas @lunch in library computer lab

